

**Job Posting**  
**Athletics and Campus Recreation**

**Position Title:** UFV Campus Recreation Fitness Instructor

**Location:** Abbotsford and Chilliwack (CEP Campus)

**Duration:** Ongoing; Part-time, on average 1-3 hours/week

**Wage:** \$20 - \$35 per class; depends on experience and number of years taught

***Duties & Responsibilities***

- Instruction of fitness class during the scheduled days and times in accordance to fitness schedule and contract.
- Ensure all participants have registered for a fitness pass or are UFV students, and have completed a waiver prior to their participation in fitness classes.
- Inform participants of the rules and regulations, as well as safety concerns related to the activity
- Develop fitness routines which follow proper technique and are appropriate for the group of participants at the time of each class.
- Beginning and ending fitness class on time; with adequate warm-up, exercises, stretching, and cool-down.
- Enforce all facility and program policies and ensure safety standards are met.
- In the case of an accident or injury, follow emergency procedure as outlined in orientation and submitting the appropriate injury report form to Program Manager.
- All qualifications, certificates and insurance must be maintained and submitted.

***Qualifications and Educational Requirements***

- Current First Aid/CPR and AED certification
- Preferred but not required, working towards or completion of Kinesiology degree
- Must accredit group fitness/Pilates/Yoga certification (must present certification):
  - BCRPA
  - Canadian Fitness Professionals (Can-Fit-Pro)
  - Canadian Society for Exercise Physiology (CSEP)
  - American College of Sports Medicine (ACSM)
  - National Strength and Conditioning Association (NSCA)

***How to apply***

Submit one pdf document (cover letter and resume) via email to Cheryl Van Nes - [cheryl.vannes@ufv.ca](mailto:cheryl.vannes@ufv.ca), please reference job title in the email subject line.