

# 2015-16

## WRESTLING

### CIS Championship

(February 26-27, 2016 at Brock University in St. Catharines, ON)

#### Team Standings

(tie-breaker is most gold, then most silver, etc.)

##### Women

1. Brock, 69 points
2. Calgary, 39
3. Guelph, 33
4. Saskatchewan, 28
5. Regina, 17
6. Alberta, 17
7. UNB, 15
8. Winnipeg, 14
9. Concordia, 13
10. Lakehead, 13
11. Western, 11
12. McMaster, 8
- T13. Queen's, 6
- T13. York, 6
15. Toronto, 5
16. Laurentian, 3

##### Men

1. Brock, 80 points
2. McMaster, 52
3. Concordia, 41
4. Guelph, 41
5. Alberta, 37
6. Saskatchewan, 37
7. Calgary, 33
8. Winnipeg, 32
9. Western, 15
10. Regina, 15
11. UNB, 12
12. Memorial, 6
- T13. Lakehead, 4
- T13. York, 4

#### Award Winners

Outstanding Wrestler – Female	Alyssa Cleaves, UNB (48 kg)
Outstanding Wrestler – Male (tie)	Michael Asselstine, Alberta (68 kg) / Finn Higgins, Winnipeg (100 kg)
Rookie of the Year – Female	Kiera Prior, Saskatchewan (82 kg)
Rookie of the Year – Male	Ligrit Sadiku, Western (57 kg)
Student-Athlete Award – Female	Alexandria Town, York (55 kg)
Student-Athlete Award – Male	Kyle Nguyen, Winnipeg (120 kg)
Coach of the Year – Women's team	Marty Calder, Brock
Coach of the Year – Men's team	Marty Calder, Brock
R.W. Pugh Fair Play Award – Female	Alexandria Town, York (55 kg)
R.W. Pugh Fair Play Award – Male	Brock Munro, Winnipeg (72 kg)

#### WOMEN'S INDIVIDUAL

##### 48 kg

1. Alyssa Cleaves, UNB
2. Garrantina Gatta, Brock
3. Annie Monteith, Saskatchewan
4. Moncia Wood, McMaster
5. Natassya Lu, Guelph
6. Erica Ravelo, Regina
7. Sigora Wolff, Calgary

##### 59 kg

1. Emily Schaeffer, Brock
2. Emma Horner, Lakehead
3. Tianna Kennett, Calgary
4. Krystin Paquette, Alberta
5. Alyssa Medeiros, Western
6. Alyx Paulson, Saskatchewan

##### 72 kg

1. Olivia Di Bacco, Brock
2. Gracelynn Doogan, Guelph
3. Kristine Longeau, Regina
4. Georgina Nelthorpe, Sask
5. Darrion Sterling, UNB
6. Charlene Lapointe, Laurentian
7. Taylor Follensbee, Winnipeg

##### 51 kg

1. Tina McLaren- Brock
2. Jade Papke, Guelph
3. Katie Dutchak, Saskatchewan
4. Farah Taj, Alberta
5. Kate Richey, Calgary
6. Jade Dufour, Concordia
7. Raeggan Bressette, Western
8. Amanda Eng, UNB

##### 63 kg

1. Linda Morais, Concordia
2. Indira Moores, Brock
3. Temitope Ogunjimi, Calgary
4. Brooke Jarrett, Toronto
5. Alisa Kaegi, Winnipeg
6. Nicole Roach, McMaster
7. Indhrya Helfrich-Linares, Regina

##### 82 kg

1. Holly Ellsworth-Clarke, Calgary
2. Kiera Prior, Saskatchewan
3. Gillian Pegg, Queen's
4. Carmella Fleurant, Brock
5. Nathalie Turrenne, Winnipeg
6. Sam Meehan, Guelph

**55 kg**

1. Carlene Sluberski, Brock
2. Cara Nania, Calgary
3. Alexandria Town, York
4. Julie Steffler, Western
5. Emily Kessler, Winnipeg
6. Sheina Fisher, Alberta

**67 kg**

1. Alison Carrow, Guelph
2. Jessica Brouillette, Brock
3. Kayla Brodner, Regina
4. Kelsey Daylor, Lakehead
5. Brandy Perry, Alberta
6. Cassidy Barnert, Calgary

**MEN'S INDIVIDUAL****54 kg**

1. Oren Furmanov, Guelph
2. Sam Jagas, Brock
3. Trevor Banks, Concordia
4. Richard Cux, Saskatchewan
5. Robbie Smith, McMaster
6. Danaiel Amberson, Regina

**68 kg**

1. Michael Asselstine, Alberta
2. Matt Jagas, Brock
3. Spenser Burk, Calgary
4. Chris Garneau, McMaster
5. Francis Carter, Concordia
6. Lucas Hoffert, Regina
7. Caleb Rutner, Western
8. Andrew Sandford, UNB

**90 kg**

1. Jordie Steen, Concordia
2. Grayson St. Laurent, UNB
3. Clayton Pye, Brock
4. Nick Proctor, Calgary
5. Kevin Barret, McMaster
6. Wassim Ghadban, Guelph
7. Sean Belisle, Regina
8. Noach Bertholet, Saskatchewan

**57 kg**

1. Josh Bodnarchuk-Saskatchewan
2. Brian Cowan, Brock
3. Ligrit Sadiku, Western
4. Melvin Arciaga, Alberta
5. Chris Waltner, Lakehead
6. Roland Yong, Calgary

**72 kg**

1. Ahmed Shamiya, McMaster
2. Tyler Rowe, Brock
3. Dima Gershanov, Concordia
4. Gaelen Malloy, Regina
5. Malcolm Meekins, Saskatchewan
6. Brock Munro, Winnipeg
7. Lachlan MacDonald, Western

**100 kg**

1. Finn Higgins, Winnipeg
2. Ignatius Pitt, Brock
3. Dennis Sutton, Memorial
4. Gordie Watkins, Guelph
5. Ameen Aghamiriam, McMaster
6. Matthew Short, UNB
7. Waylon Decoteau, Regina
8. Liam Graham, Saskatchewan

**61 kg**

1. Miram Tamaradze, Brock
2. Jason Buckle, McMaster
3. Dylan Williams, Alberta
4. Nathan Galan, Saskatchewan
5. Elvir Uzunovic, Guelph
6. Jon Risto, Calgary

**76 kg**

1. Aleksandra Soronov, Winnipeg
2. Conor Hodgins, Calgary
3. Chance Mutuku, Brock
4. Brad MaGarrey, McMaster
5. Aidan McKeage, Alberta
6. Ben Bradford, Guelph

**120 kg**

1. Tyson Frost, Guelph
2. Daniel Oloumi, Alberta
3. Kyle Nguyen, Winnipeg
4. Kyle Bonk-Dann, Western
5. Tyler Tate-Austin- York
6. Jacob Philips, Saskatchewan

**65 kg**

1. Vince de Marinis, Concordia
2. Zack Falcioni, Brock
3. Omar Ahmed, McMaster
4. Callum McNeice, Calgary
5. Alexandre Chaves, Guelph
6. Micheal Vallido, Winnipeg

**82 kg**

1. Jevon Balfour, Brock
2. Andrew Johnson, Saskatchewan
3. Joban Phulka, McMaster
4. Petr Prokopiev, Concordia
5. Cody Osborne, Alberta
6. Beau Jackson, Calgary

## 2015-16 Canada West Championship

(Feb. 12-13, 2016 at University of Winnipeg in Winnipeg, MB)

### Women

1. Calgary 43
2. Saskatchewan 35
3. Alberta 34
4. Regina 33
5. Winnipeg 23
6. Fraser Valley 2

### Men

1. Saskatchewan 53 points
2. Alberta 49
3. Calgary 45
4. Winnipeg 40
5. Regina 37
6. Fraser Valley 2

### Canada West Award Winners

#### Men

- |                       |                               |
|-----------------------|-------------------------------|
| Athlete of the Year   | Josh Bodnarchuk, Saskatchewan |
| Rookie of the Year    | Callum McNeice, Calgary       |
| Student-Athlete Award | Kyle Nguyen, Winnipeg         |
| Coach of the Year     | Dan Olver, Saskatchewan       |

#### Women

- |                       |                               |
|-----------------------|-------------------------------|
| Athlete of the Year   | Katie Dutchak, Saskatchewan   |
| Rookie of the Year    | Tianna Kennett, Calgary       |
| Student-Athlete Award | Silke Svenkeson, Saskatchewan |
| Coach of the Year     | Mitch Ostberg, Calgary        |

### Men's Overall Standings

#### 54kg

- 1 Richard Cux, U of S
- 2 Steven McCarville, U of A
- 3 Daniel Amberson, U of R
- 4 Brian Keeper, U of W
- 5 Freddie Aziz, U of C

#### 57kg

- 1 Josh Bodnarchuk, U of S
- 2 Melvin Arciaga, U of A
- 3 Roland Yong, U of C
- 4 Connor McLachlan, U of R
- 5 Bo Beardy, U of W

#### 61kg

- 1 Dylan Williams, U of A
- 2 Nathan Galan, U of S
- 3 Jon Risto, U of C
- 4 Dylan Kimoto, U of W
- 5 Sam Dietrich, U of R

#### 65kg

- 1 Callum McNeice, U of C
- 2 Adel Taj, U of A
- 3 Micheal Vallido, U of W
- 4 Syed Bukhari, U of S

### Women's Overall Standings

#### 48 kg

- 1 Annie Monteith, U of S
- 2 Jamie Tersago, U of A
- 3 Erica Ravelo, U of R
- 4 Sigora Wolff, U of C

#### 51 kg

- 1 Katie Dutchak, U of S
- 2 Farah Taj, U of A
- 3 Kate Richey, U of C
- 4 Amber Wiebe, U of R
- 5 Rachel Alder, U of W

#### 68kg

- 1 Michael Asselstine, U of A
- 2 Lucas Hoffert, U of R
- 3 Spenser Burk, U of C
- 4 Micah Heide, U of S

#### 72kg

- 1 Gaelan Malloy, U of R
- 2 Malcolm Meekins, U of S
- 3 Brock Munro, U of W
- 4 Kyle Horvath, U of C
- 5 Devin Purewal, UFV
- 6 Matthew Kulak, U of A

#### 76kg

- 1 Alexandr Sofronov, U of W
  - 2 Connor Hodgins, U of C
  - 3 Aidan Mckeage, U of A
  - 4 Coden Nikbakht, U of S
  - 5 Brett Kryger, U of R
- #### 82kg
- 1 Andrew Johnson, U of S
  - 2 Cody Osborn, U of A
  - 3 Beau Jackson, U of C
  - 4 Austin Waldron, U of R
  - 5 Wade Fry, U of W

#### 59 kg

- 1 Tianna Kennett, U of C
- 2 Krystin Paquette, U of A
- 3 Alyx Paulson, U of S
- 4 Maeghan Wild, U of R
- 5 Pravi Dhaliwal, UFV
- 6 Morgan Hill, U of W

#### 63 kg

- 1 Temi Ogunjimi, U of C
- 2 Alisha Kaegi, U of W
- 3 Indhyra Helfrich-Linares, U of R
- 4 Sammy Jo Johnson, U of A
- 5 Faye Tuck, U of S

#### 90kg

- 1 Nick Proctor, U of C
- 2 Noah Bertholet, U of S
- 3 Sean Belisle, U of R
- 4 Ej Dyer, U of W

#### 100kg

- 1 Finn Higgins, U of W
- 2 Waylon Decoteau, U of R
- 3 Liam Graham, U of S
- 4 Parker Vandeveld, U of A
- 5 Steven Sheppard, U of C

#### 120kg

- 1 Daniel Oloumi, U of A
- 2 Kyle Nguyen, U of W
- 3 Jacob Phillips, U of S
- 4 John Jacobs, U of C
- 5 Parker Florell, U of R

#### 72 kg

- 1 Kristine Longeau, U of R
- 2 Georgina Nelthorpe, U of S
- 3 Taylor Follensbee, U of W
- 4 Emily Tuttosi, U of C
- 5 Aislinn McVittie, U of A

#### 82 kg

- 1 Holly Ellsworth-Clark, U of C
- 2 Kiera Prior, U of S
- 3 Nathalie Turenne, U of R
- 4 Kelsey Fleury, U of A
- 5 Emily Forester, U of R

**55 kg**

- 1 Cara Nania, U of C
- 2 Sheina Fisher, U of A
- 3 Emily Kessler, U of W
- 4 Silke Svenkeson, U of S
- 5 Chantel Pasion, U of R

**67 kg**

- 1 Kayla Brodner, U of R
- 2 Brandy Perry, U of A
- 3 Cassidy Barnert, U of C
- 4 Audrey Bucher, U of W
- 5 Laryssa Barry, U of S

**2015-16 Weekly CIS Top 10 Poll****Men**

<b>Date</b>	<b>#1</b>	<b>#2</b>	<b>#3</b>	<b>#4</b>	<b>#5</b>	<b>#6</b>	<b>#7</b>	<b>#8</b>	<b>#9</b>	<b>#10</b>
11/24/2015	Alberta	McMaster	Brock	Calgary	Regina	Winnipeg	Sask	Guelph	Concordia	Western
12/01/2015	Brock	Alberta	McMaster	Winnipeg	Regina	Sask	T7 Cgy	T7 Conc	Western	Guelph
01/12/2016	Brock	Alberta	McMaster	Winnipeg	Calgary	Sask	Guelph	Regina	Concordia	Western
01/19/2016	Brock	Alberta	McMaster	Winnipeg	Calgary	Sask	Guelph	Regina	Concordia	Western
01/26/2016	Brock	McMaster	Alberta	Calgary	Sask	Winnipeg	Guelph	Regina	Concordia	Western
02/02/2016	Brock	McMaster	Alberta	Calgary	Sask	Guelph	Winnipeg	Regina	Concordia	Western
02/09/2016	Brock	McMaster	Alberta	Calgary	Sask	Guelph	Winnipeg	Regina	Concordia	Western
02/16/2016	Brock	McMaster	Alberta	Sask	Calgary	Guelph	Concordia	Winnipeg	Regina	Western
02/23/2016	Brock	McMaster	Alberta	Guelph	Concordia	Winnipeg	T7 Sask	T7 Cgy	Regina	Western

**Women**

<b>Date</b>	<b>#1</b>	<b>#2</b>	<b>#3</b>	<b>#4</b>	<b>#5</b>	<b>#6</b>	<b>#7</b>	<b>#8</b>	<b>#9</b>	<b>#10</b>
11/24/2015	Brock	Alberta	Sask	Winnipeg	Regina	Concordia	Calgary	Guelph	T9 Laurent	T9 Western
12/01/2015	Brock	Alberta	Sask	Guelph	Winnipeg	Regina	Concordia	Calgary	Western	Lakehead
01/12/2016	Brock	Sask	Regina	Alberta	Calgary	Winnipeg	Guelph	Concordia	Western	Lakehead
01/19/2016	Brock	Sask	Regina	Alberta	Calgary	Winnipeg	Guelph	Concordia	Western	Lakehead
01/26/2016	Brock	Sask	Regina	Calgary	Guelph	Alberta	Winnipeg	Concordia	Western	Lakehead
02/02/2016	Brock	Sask	Regina	Calgary	Guelph	Alberta	Winnipeg	Concordia	Western	Lakehead
02/09/2016	Brock	Sask	Regina	Calgary	Guelph	Alberta	Winnipeg	Concordia	Western	Lakehead
02/16/2016	Brock	Calgary	Sask	Guelph	Alberta	Western	Regina	Winnipeg	Concordia	Lakehead
02/23/2016	Brock	Calgary	T3 Sask	T3 Guelph	T5 Alta	T5 Conc	Regina	UNB	T9 Wpg	T9 Lake